

THE SUNSHINE MENU

Call: 023 8063 9217 | 22 Bedford Place, Southampton SO15 2DB

DF Dairy Free **GF** Gluten Free **V** Vegetarian **Ve** Vegan

GAJAKS

Maman Shila's Samosas | £6.95

Shelina's mum's recipe of curried potato and pea samosas served with a mint and coriander chutney **DF V Ve**

Anana Confit | £5.95

Mauritian street food classic of pineapple with tamarind, mint and chilli **DF GF V Ve**

Mango Chilli Chicken Wings | £7.95

Served with a spicy mango chilli sauce with coriander and chilli flakes **DF GF**

Sweet Sticky Tamarind Lamb Ribs | £7.95

Messy ribs served with our signature sauce **DF**

Mauritian Octopus & Pineapple | £9.49

Crispy octopus with a hot and sour pineapple salsa **GF**

Gato Pima | 5.95

Spicy crunchy chilli balls made with yellow split peas, chilli, spring onion and fresh herbs

DF GF V Ve

Cauliflower Poppers | £6.95

Crunchy cauliflower bites served with a chive dipping sauce **DF GF V Ve**

Prawn, Ginger & Coriander Fritters | £7.95

Served with Masala Aioli **GF**

Pima Sel Street Style Salad | £5.95

Sour and hot salad with apple and pineapple **DF GF V Ve**

Dirty Fries | £5.95

French fries topped with cari sauce, herbs and chilli

DF GF V Ve

Sweetcorn Ribs | £6.95

Messy vegan ribs with our signature sticky tamarind sauce **DF V Ve**

ROUGAILLE

A Creole-style tomato sauce with garlic, ginger, thyme and chilli served with white rice and chutney

DF GF

Chicken | £12.95 Braised Mutton | £13.95

Butterbean V Ve | £11.95 / King Prawn | £13.95

Gato Pima V Ve | £11.95/ Red Snapper | £13.95

Octopus | £13.95

Add roti | £2.95

HOUSE BURGERS

Served with salad or fries

Real Deal Mutton Burger | £13.95

Shredded mutton burger with tamarind and green mint chutney

Lakaz Clucker Chicken Burger | £12.95

Sweet and sticky shredded chicken burger

Meaty Jack Vegan Burger | £11.95 Ve

a vegan brioche with Jackfruit fritters squashed into a bun drizzled with sticky sweet tamarind sauce

Upgrade to sweet potato fries for £1

HOUSE CARI

Island style Creole curry, medium heat, light and fragrant made with freshly ground spices and herbs. Served with yellow rice and chutney

DF GF

Chicken | £12.95

Braised Mutton | £13.95

Butterbean V Ve | £11.95

Gato Pima V Ve | £11.95

King Prawn | £13.95

Red Snapper | £13.95

Octopus | £13.95

SEA DOGS

Served with salad or fries.

Octopus Roll | £14.95

served in a warm brioche roll with Mango and Pickle Salt

Masala Aioli Prawns | £14.95

Succulent king prawns served in a warm brioche roll with Masala Aioli

MAGIC BOWL

A classic rice-based Chinese-Mauritian dish of oyster sauce, soy sauce and garlic topped off with a fried egg. **DF**

Chicken & Prawn | £12.95

Seafood Special | £13.95

SIDES

All **DF GF V Ve** unless stated otherwise with icon

French Fries | £2.95

Sweet Potato Fries | £3.95

Side Salad | £2.49

Yellow / White Rice | £2.95

Tropical Coleslaw | £2.95 V

Roti | £2.95 DF V Ve

Extra Sauce Pots | 50p

KIDS MENU | £6.95

DRINKS

Water / Milk / Orange Squash

(with free top ups)

MAINS

Chicken Curry DF GF

Butterbean Curry DF GF V Ve Chicken

Magic Bowl DF

ICE CREAM

ask a member of our team for flavours **GF**



lakazmaman.com

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CLASSIC SOFT DRINKS | £2.95

Coke | Diet Coke | Still Water | Sparkling Water | Sprite

FRESH FLAVOURED SOFT DRINKS | £3.95

Rose Lemonade | Kiwi Lime & Mint
Pomegranate & Elderflower
Lemon, Lime and Ginger

HOMEMADE MAURITIAN MOCKTAILS

£3.95

Alooda Milk based drink with rose syrup, basil seeds and vanilla. The perfect island style refresher

Panakon Mauritian lemon and tamarind drink, light and refreshing and the perfect accompaniment with a spicy dish

Pina Colada A classic coconut and pineapple mocktail

Mauritian Sunset Pineapple, strawberry, apple and rose with a touch of ginger

Lime & Mint Mojito A classic combination of zesty lime the perfect refresher

JUICES | £3.49

Mango | Lychee | Pineapple | Apple | Orange |

HOMEMADE ICED TEAS | £3.95

Mint & Lemongrass

Mango & Lime

COFFEE £2.49

Latte | Cappuccino | Americano | Macchiato

Espresso

Single | £2 Double | £2.50

Tea/Herbal Tea

English Breakfast, Mint, Green Tea, Mauritian Vanille £2.50

For all hot drinks, ask a member of our team for dairy free alternatives.

DESSERTS | £6.95

All V

Yummy Coco Bun

A soft milk bun filled with coconut ice cream, pistachio and salted caramel

Salted Caramel Chocolate Pot

A rich and decadent pot of dark chocolate with our homemade salted caramel served with cream **GF**

Rasgulla

Mauritian milk dumplings served warm with rose and pistachio served with vanilla ice cream

Chocolate Brownie with Mango

A rich and indulgent chocolate brownie served warm topped with a perfect scoop of tropical mango sorbet

Sticky Toffee Ginger Cake with salted caramel and vanilla ice cream

Roasted Pineapple with Pistachios

A light and refreshing dessert of pineapple, pistachio and ice cream **DF GF Ve**

Ice Cream | £3 a scoop **GF**

ask a member of our team for flavours

SAUCES TO BUY

All sauces **DF V Ve**

Small | £5.95

Piment Crazer **GF**

Mango & Lime Chilli Sauce **GF**

Sweet & Sticky Tamarind Sauce

Cari Blend **GF**

GIFT BOX | £20.00 All boxed up with a recipe card!

1 x Mango & Lime Chilli Sauce (Small)

1 x Sweet & Sticky Tamarind Sauce (Small)

1 x Piment Crazer

1 x Cari Blend

VOUCHERS

Available in denominations of **£10 & £20**

An optional discretionary service charge of 12.5% will be added to tables of 6 or more.

All our prices are GBP sterling & include VAT. Please note that all preparation has been made in a kitchen that has traces of nuts. If you require allergy advice please speak to a member of the team. This menu is a full halal menu.

BRING YOUR OWN (BYO)

Corkage Prices:

Wine (750ml bottle) | £5

Beer can (330ml-660ml) | £1.50

Spirits (35cl bottle) | £5

Spirits (70cl bottle) | £10

No soft drinks or mixers allowed. Other

BYO options will be individually priced by management.

SPECIAL OFFER ON BOOKS

Buy signed copies of Shelina's books! Buy The Sunshine Diet and Sunshine on a Plate together for a discounted combination offer of £30!



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